The Hermeneutics of Covenant Theology

Introduction

Before looking at the faulty hermeneutics of Covenant Theology, we will begin by briefly tracing the history of allegorical interpretation. The allegorical method of interpretation has paved the way to doctrinal error among Covenant Theologians.

Allegorical Interpretation and the Pre-Reformation Writers

Within the first two centuries of church history several theories of Bible interpretation were proposed. Some of the Church Fathers borrowed the allegorical method of interpretation from pagan Greek philosophers. Two of these Bible scholars were Clement and Origen. They helped establish the first Christian institution of higher learning in the mid-2nd century in Alexandria, Egypt. It was known as the School of Alexandria and became a leading center of the allegorical method of biblical interpretation.

Opposing the School of Alexandria was the School of Antioch, which emphasized the literal interpretation of the Bible. The School of Antioch produced several significant theologians, including John Chrysostom. This school taught the principle of single meaning in Scripture. They believed that meaning is discovered by using the literal, historical-grammatical method of interpretation. The School of Antioch ran into trouble when one of its students was pronounced a heretic. The school never recovered and by default the Alexandrian school rose in prominence.

Augustine was the most influential theologian of the Middle Ages. In his early years he believed in a literal millennial kingdom. Later he used the allegorical method of interpretation to explain away the literal return of Christ. As a result of his influence, allegorical interpretation became the dominant method of interpretation during the Middle Ages.

During the Middle Ages, the Roman Catholic Church continued to advocate the allegorical method of interpretation. Interestingly, the Middle Ages are often referred to as the Dark Ages. It could be argued that when the light of God’s Word is obscured by faulty methods of interpretation, the result is darkness. That darkness continued to dominate much of church history until the Reformation.
Allegorical Interpretation and the First-Generation Reformers

The Middle Ages (or Dark Ages) were followed by a period of time known as the Renaissance (1450-1600). At that time, there was a revival of interest in the classical writings. This gave rise to the study of the classical languages, including Hebrew and Greek. Martin Luther and John Calvin, who were first-generation reformers, were born into this setting.

Martin Luther, who has been called the Father of the Reformation, was a Roman Catholic monk. God used various means to bring Luther to part ways with the Roman Catholic Church. One reason for Luther’s break from the Catholic Church was his commitment to the literal, historical-grammatical method of interpretation. Luther opposed the Roman Catholic Church’s use of allegorical interpretation to support their false teachings.

John Calvin’s opinions about the proper methods for interpreting God’s Word were similar to Luther’s. He also rejected the allegorical interpretations of the Catholic Church. Calvin believed that Scripture interprets Scripture. He placed a strong emphasis on the literal, historical-grammatical method of interpretation. He saw the need to examine the context of each passage of Scripture to arrive at a proper interpretation.

While the first-generation reformers made great advancements in the area of Bible interpretation, they were not always consistent in applying their methods. Though they did part ways with the Roman Catholic Church, unfortunately they carried some Roman Catholic baggage with them as they went their own way.

Calvin and Luther desired to let the Scriptures speak for themselves. Unfortunately, their desire was influenced by the Roman Catholic tradition in which they had been trained. One of Augustine’s key hermeneutical principles was that the Old Testament is a “Christian” document. Luther, who was a former Augustinian monk, stated that a sound hermeneutic recognized, “the Christological principle” in all of Scripture. Like Augustine, Luther felt that literal interpretation of Scripture was not necessarily the only correct principle of hermeneutics. He believed that the goal of interpretation was to find Christ in all of Scripture. If the Old Testament were a “Christian” document, like Augustine proposed, then Christ should be seen throughout all of its pages. In order to accomplish this, some allowance had to be made for allegorical interpretation. Calvin
also stressed “the Christological principle” in all of Scripture. The result was that Calvin and Luther opened the door for a “double” hermeneutic. Literal interpretation was allowed to be supplemented with allegorical interpretation. This paved the way for the second-generation reformers, as well as Covenant Theologians following in their steps, to bypass the literal, (plain or normal) understanding of Scripture. This double hermeneutic which allowed for the allegorical method of interpretation was “left over baggage” that the first-generation reformers brought with them from their Roman Catholic heritage.

**Covenant Theology and the Second-Generation Reformers**

It was actually the second-generation reformers who invented Covenant Theology. Dr. Charles Ryrie explains:

Covenant theology does not appear in the writings of Luther, Zwingli, Calvin, or Melanchthon, even though they discussed at length the related doctrines of sin, depravity, redemption, and so on. They had every opportunity to incorporate the covenant idea, but they did not. There were no references to covenant theology in any of the great confessions of faith until the Westminster Confession in 1647, and even then, covenant theology was not as fully developed as it was later by Reformed theologians.¹

Dr. Renald Showers adds:

Moreover, according to Louis Berkhof, a prominent Covenant Theologian, Kaspar Olevianus who lived from A.D. 1536–1587, was the first person to demonstrate a theological system based upon the theological covenants. While this new theological system began within the Reformed Churches of Switzerland and Germany, it was the publications of Johannes Cocceius, that made Covenant Theology known and accepted.²

If you listen to defenders of Covenant Theology, you would almost get the impression that it was developed in the Early Church. The fact is that it was not until the second-generation reformers came on the scene, that Covenant Theology was invented.

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Covenant Theology and Their Theological Covenants

The word “covenant” is a biblical word. A covenant is an agreement that binds two parties together. God made covenants with Noah, Abraham, David and the nation of Israel. However, Covenant Theology uses the word “covenant” in a theological sense. They are not referring to actual biblical covenants. Covenant Theology depicts all of history as being covered by two or three “theological covenants.” The Covenant of Works, the Covenant of Grace, and (sometimes) the Covenant of Redemption are used to explain all relationships between God and man from the beginning of creation to the end of time.

These “theological covenants” were developed as a result of the reformer’s double hermeneutic. Covenant Theologians proposed that there was a unifying principle which would tie all of God’s Word together. They reasoned that if the person of Christ could be seen on every page of Scripture, then certainly the work of Christ must also be seen throughout the pages of God’s Word. Therefore, they proposed that soteriology (the work of Christ to save the lost) must be that unifying principle that ties all of Scripture together. The unifying principle of soteriology is explained in their “theological covenants.”

These “theological covenants” have many problems. First and foremost, is that they lack Biblical support. Covenant Theology begins by assuming two or three covenants that are never mentioned in Scripture. Oswald T. Allis, a covenant theologian, speaks of the covenant of grace as being “cryptic” in Genesis 3:15. The word “cryptic” means hidden, secret or obscure. Yet the Biblical covenants that God made with Abraham, Israel, and David are clearly spelled out in Scripture. The whole foundation of Covenant Theology is based on two or three covenants that cannot be found in God’s Word.

Another problem with these “theological covenants” is that they were developed by using a double hermeneutic. In order to develop their system, Covenant Theologians do not consistently use the literal, historical-grammatical method of interpretation. Covenant theologians use the literal method of interpretation for parts of Scripture and the allegorical method for other parts of Scripture.
Both Calvin and Luther stressed “the Christological principle” in all of Scripture. They bought into Augustine’s proposal that the Old Testament is a “Christian” document. As a result, Covenant Theologians have an unhealthy obsession with trying to harmonize everything in Scripture. For example, they do not see a distinction between the Church and Israel. They claim that there is only one people of God and that the Church began in the Old Testament. Covenant Theology attempts to minimize Biblical distinctions found in Scripture. Covenant Theologians also deny distinctions between law & grace. Covenant Theology attempts to unify Scripture by saying that Biblical distinctions are merely different phases of the same Covenant of Grace. For example, one of the leading proponents of Covenant Theology, Louis Berkhof, insisted that the Mosaic Covenant was essentially the same as the Abrahamic Covenant. However, even a cursory reading of these two Biblical covenants reveals that the Abrahamic Covenant was unconditional whereas the Mosaic Covenant was conditional. Even the apostle Paul asserted the distinctiveness of these two covenants in Galatians 3:18.

Covenant Theology’s obsession with harmonizing Scripture is evident in their view of God’s purpose in history. They see soteriology as the unifying principle that ties all of Scripture together. The work of Christ to save the lost is that unifying principle which is the basis for their “theological covenants.” These “theological covenants” become the lens through which they interpret the Word of God. Covenant Theology limits the purposes of God in history. As important as the salvation of mankind is, God’s purposes in history are not that narrow. He has plans for fallen angels as well as those angels who remained faithful to Him. He also has plans for the lost as well as the saved. He has plans for Israel and for all the nations. God’s purposes are much broader than simply the salvation of lost men. In fact, James Orr, who was a covenant theologian, once said that Covenant Theology puts God into a soteriological straightjacket. Orr saw the fallacy of his own system in that it imposes limitations on the purposes of God. When God’s Word is viewed through the lens of these “theological covenants” which cannot be found in Scripture, then the interpreter ends up with a distorted view of the Bible.

Another problem is that the “covenant of works” is contrary to salvation by grace. Louis Berkhof explains this so-called “covenant of works”:
The covenant is an agreement between God and Adam that he would obey the Lord in regard to not eating of the tree of good and evil. This obedience incumbent upon Adam shows that it is a covenant, though sovereignly initiated by God alone. In a sense, this was a salvation by works. Covenant theologians argue as to whether this covenant has been revoked and annulled or not.\(^3\)

In God’s Word, human works are never presented as a condition for salvation. Yet according to Covenant Theology, Adam and his descendants would have eternal life if they obeyed God perfectly. Before the fall, Adam did not have a sin nature. He was already rightly related to God. Adam came from the hands of the Creator perfect. The command of God to obey Him was not designed to produce eternal life in him or to relate him rightly to God. He already enjoyed a state of sinlessness and he was in a proper relationship with his Creator.

To say that Adam could be saved by works is a problem for Covenant Theology. But to make matters worse, Berkhof acknowledges that Covenant theologians argue as to whether or not this “covenant of works” is still valid for today. In other words, he is admitting that some Covenant Theologians claim that this so-called “covenant of works” is still in effect today. If that were true, then not only could Adam have been saved by works prior to the fall, but theoretically people who are living today, after the fall of Adam and Eve, could also be saved by works. Viewing the Bible through the lens of the “covenant of works” results in doctrines contrary to Scripture. Covenant Theology distorts God’s Word so that the scriptural doctrine of salvation by grace alone is compromised.

Covenant Theology also fails to recognize progressive revelation in Scripture. The Covenant Theologian, James Orr, admitted that Covenant Theology “failed to seize the true idea of development, and by an artificial system of typology, and allegorizing interpretation; sought to read back practically the whole of the New Testament into the Old.”\(^4\)

Mal Couch explains Covenant Theology’s problem of failing to see progressive revelation in God’s Word:


A further error made by covenant advocates is that of reading New Testament truths back into the Old Testament. That is, they interpret the Old Testament by the New Testament. Instead, the New Testament should be seen as a fulfillment of, or progressing from, the Old Testament.\(^5\)

**Conclusion**

Calvin and Luther should be commended for their desire to distance themselves from the faulty doctrines and hermeneutics of the Roman Catholic Church. Unfortunately, the Catholic baggage that they brought with them paved the way to Covenant Theology’s faulty system of hermeneutics. By using the allegorical method of interpretation and by reading God’s Word through the lens of “theological covenants”, which do not exist in Scripture, Covenant Theology became entangled in a snare of doctrinal errors.

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\(^5\) Mal Couch, *An Introduction to Classical Evangelical Hermeneutics* (Grand Rapids: Kregel, 2000), p. 188.